

# FOOD AT FIRST VOLUNTEER NEWSLETTER!

## MARCH AT FOOD AT FIRST

### Volunteer Sign-Up Updates

- May's Volunteer Schedule has been posted!

### STUDENTS

- If you have required hours for a class/other requirement and are having trouble finding shifts, please email Lincoln at [FoodAtFirstVC@gmail.com](mailto:FoodAtFirstVC@gmail.com) to see if you can be added to a currently filled shift, or if you can come in for miscellaneous repackaging/cleaning tasks.
- We want to help you succeed in completing your hours! Thank you for volunteering to serve the people at Food at First.

### Kitchen/Food Safe Apparel

With warmer weather (hopefully) fast approaching, the Food at First team would like to remind all volunteers of our dress code, which is put in place for kitchen safety.

- **Wear long hair tied back or covered**

We have hair ties available for volunteer use, with larger hair tie sizes available upon request!

- **Wear Closed Toed Shoes**

Sandals and flip-flops pose too many risks in a kitchen or Market setting. Please wear closed-toed shoes when volunteering.

- **Wear Full Length Shirts With Sleeves (ex: a T-Shirt)**

We require that all volunteers refrain from wearing tank tops or midriff-baring tops for the sake of food safety.

For volunteering questions or concerns, email Lincoln Gartin at  
[FoodAtFirstVC@gmail.com](mailto:FoodAtFirstVC@gmail.com)



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### 30th Local Food Drive!

#### 30th Local Food Drive

Sponsored by  
Cyclone Country AKTION Club (CCAC)  
(co-sponsored by Kiwanis Clubs of Ames)



**When:** Sat., April 18, 2026  
**Time:** 10 - 2pm  
**Where:** Hy-Vee Lincoln Center  
640 Lincolnway, Ames  
**Why:** to stock food pantry shelves  
and provide meals  
for the hungry of  
this community (thru Food at First)

**Contact:** 290-4323

CCAC has collected an average of 1/2 ton of groceries  
and \$600 in donations each year since 2007.

*Your contribution means a lot! Thank you!*

Thank you to the CCAC and the  
Kiwanis Clubs of Ames for their  
continued support through their  
annual local food drive!

### Accessing Resources Fair



### Accessing Resources Fair APL

Food at First will have a table at the Accessing  
Resources Fair on Saturday, April 25<sup>th</sup>, from 10 am-12  
pm at the Ames Public Library, 515 Douglas Ave, Ames,  
IA. Come say hi and learn about resources available to  
those in your community!

### MONDAY GLEANING

Food at First is currently seeking  
trainees for a section of our Monday  
gleaning/food pick-ups. This gleaning  
run goes from around 9:00 am to  
11:00 am and is typically a longer-term  
commitment. If you are interested and  
would like more information, please  
email Lincoln at  
[FoodAtFirstVC@gmail.com](mailto:FoodAtFirstVC@gmail.com)



Did you know that our volunteers  
visit 52 gleaning stops each week?

For volunteering questions or concerns, email Lincoln Gartin at  
[FoodAtFirstVC@gmail.com](mailto:FoodAtFirstVC@gmail.com)

